

# Horaire hebdomadaire

Semaine du \_\_\_\_\_ au \_\_\_\_\_.

**Légende :**

T : travaux

C : cours

E : étude

Em : emploi

Tr : transport

TL : temps libre

R : repas

M : ménage

Ep : épicerie

| Hrs | Lundi | Mardi | Mercredi | Jeudi | Vendredi | Samedi | Dimanche |
|-----|-------|-------|----------|-------|----------|--------|----------|
| 7h  |       |       |          |       |          |        |          |
| 8h  |       |       |          |       |          |        |          |
| 9h  |       |       |          |       |          |        |          |
| 10h |       |       |          |       |          |        |          |
| 11h |       |       |          |       |          |        |          |
| 12h |       |       |          |       |          |        |          |
| 13h |       |       |          |       |          |        |          |
| 14h |       |       |          |       |          |        |          |
| 15h |       |       |          |       |          |        |          |
| 16h |       |       |          |       |          |        |          |
| 17h |       |       |          |       |          |        |          |
| 18h |       |       |          |       |          |        |          |
| 19h |       |       |          |       |          |        |          |
| 20h |       |       |          |       |          |        |          |
| 21h |       |       |          |       |          |        |          |
| 22h |       |       |          |       |          |        |          |
| 23h |       |       |          |       |          |        |          |